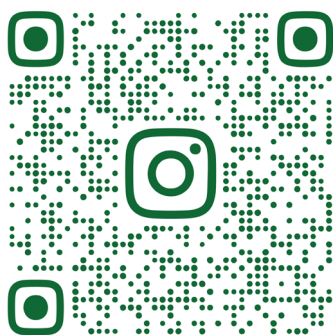




(831) 394-8320 | 1257 Fremont Boulevard, Seaside, CA 93955



LATORTUGASEASIDE

Breakfast Dishes

Chilaquiles Verdes with Two Eggs Any Style (Mild)

Corn tortilla triangles in green tomatillo salsa topped with eggs, fresh Mexican cheese, beans, rice, onions, & sour cream

\$14.55

Chilaquiles Rojos with Two Eggs (Spicy)

Corn tortilla triangles immersed in our fabulous spicy red salsa served with two eggs, rice, beans, fresh Mexican cheese, & sour cream

\$14.55

Enfrijoladas with Two Eggs

Four folded corn tortillas covered with our Oaxacan style black beans sauce & two eggs, served with fresh Mexican cheese, parsley, onions, & rice

\$15.25

Enmoladas with Two Eggs

Four folded corn tortillas covered with Oaxacan Mole Sauce served with two eggs, onions, parsley, rice, & beans

\$15.65

Scrambled Eggs with Cactus in Green Tomatillo Salsa

Three eggs scrambled with cactus cooked in green tomatillo salsa, served with rice, beans & tortillas

\$14.40

Scrambled Eggs with Ham or Sausage

Three eggs scrambled with your choice of ham or sausage served with rice, beans & tortillas

\$14.60

Huevos Rancheros

Two corn tortillas with grilled ham topped with two eggs covered with tomato salsa and served with rice & beans

\$15.15

Soft Tacos

Corn tortilla with your choice of meat, onions, and cilantro.

Asada Grilled beef filet

\$3.25

Cabeza Beef cheek meat cooked with spices

\$3.74

Lengua Beef tongue

\$3.96

Cecina Seasoned pork filet

\$3.25

Al Pastor Seasoned pork & pineapple

\$4.14

Pollo Grilled chicken breast

\$3.25

Pescado Empanisado

\$4.25

Breaded fried fish filet with lettuce & pico de gallo

Pescado a la Parrilla

\$4.14

Tilapia filet cooked with garlic butter, pico de gallo, & lettuce

Fajitas de Camaron

\$3.99

Grilled shrimp with bell pepper & onion

Fajitas de Pollo o Res

\$3.99

Grilled beef filet or chicken breast with bell peppers, & onions

Fried Rolled Beef or Chicken Taco

\$3.80

"Taco dorado" with lettuce, sour cream, & Mexican cheese

Taco de Pescado

\$3.99

Fried hard shell fish taco with pico de gallo & lettuce



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Breakfast Burritos

A 14" flour tortilla with eggs, red potatoes, Jack & Cheddar cheese, & your choice of:

Ham Jamon	\$11.99	Cactus Nopalitos	\$11.99
Bacon Tocino	\$11.99	Mexican Style Jalapeno peppers, diced tomatoes, & onions	\$11.99
Hot Louisiana Sausage Salchicha picosa	\$11.99	Portabella Mushroom Fajita Style	\$12.49
Machaca Shredded beef and eggs	\$11.99	Hongo Portabella	

Burritos Gordos

A 14" flour tortilla with rice, beans, onions, cilantro, fresh Mexican cheese, & your choice of one item.

Asada Grilled beef filet	\$11.99	Portabella Mushroom Fajita Style	\$12.45
Cabeza de Res Beef cheek meat	\$12.25	Sautéed portabella mushroom with bell pepper, onions, & tomatoes	
Lengua Beef tongue	\$12.25	Nopales a la Plancha con Queso	\$12.99
Lengua a la Mexicana	\$12.50	Grilled cactus paddles & fresh Mexican cheese	
Beef tongue with jalapeños, onions, & tomatoes		Nopal y Huevo Cactus & eggs	\$11.99
Tinga de Res	\$11.99	Choriso y Huevo Chorizo & eggs	\$11.99
Shredded beef with tomato, onions, & chipotle		Tocino y Huevo Bacon & eggs	\$11.99
Asada a la Mexicana	\$12.50	Salchicha y Huevo Sausage & eggs	\$11.99
Beef filet with jalapeños, onion, & tomatoes		Jamon y Huevo Ham & eggs	\$11.99
Al Pastor Grilled marinated pork & pineapple	\$11.99	Machaca Shredded beef & eggs	\$11.99
Puerco en Mole Pork shoulder cooked in our mole sauce	\$11.99	Burrito Ahogado	\$12.75
Chile Verde	\$11.99	Covered pork burrito with salsa (red spicy or mild green) or Oaxacan mole. Served with side of lettuce, tomatoes, avocado, & sour cream	
Pork shoulder cooked with our green tomatillo sauce		Chicken Burrito California	\$12.25
Cecina Grilled marinated pork filet	\$11.99	14" Flour tortilla with lettuce, tomatoes, onions, avocado, rice, and Jack & cheddar cheese.	
Pechuga de Pollo Grilled chicken breast	\$11.99	Shredded Beef or Chicken Chimichanga	\$12.69
Pollo en Mole Shredded chicken cooked in our mole sauce	\$11.99	Fried burrito with rice and Jack & cheddar cheese	
Pollo a la Mexicana	\$12.50		
Grilled chicken breast with jalapeño, onions, & tomatoes			
Chile Relleno (Pollo o Queso)	\$12.95		
Chicken chile relleno has nuts, raisins, & spices			
Fajitas de Camaron	\$12.75		
Bell pepper, onion, & tomatoes			
Camarones a la Diabla	\$13.98		
Shrimp cooked in our spicy sauce			



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Tostadas

Fried corn tortilla covered with beans, lettuce, tomatoes, Mexican fresh cheese, sour cream & your choice of one item.

Aguacate 1/2 fresh avocado	\$5.60
Asada Grilled beef filet	\$5.60
Pollo Grilled chicken breast	\$5.60
Cecina Grilled seasoned pork filet	\$5.60
Al Pastor Seasoned pork & pineapple	\$5.60
Choriso Ground pork & seasonings	\$5.60
Tinga de Res o de Pollo	\$5.60
Shredded beef or chicken with tomatoes, onions, & chipotle	
Ceviche de Camaron	\$6.20
Shrimps with diced tomato, onion, cilantro, & lemon juice	

Nacho Grande

Tortilla triangles covered with beans, dice tomatoes, onions, jalapeno peppers, avocado, sour cream, jack & cheddar cheese, and your choice of:

Asada Grilled beef filet	\$14.15	Choriso Ground pork & spices	\$14.15
Pollo Grilled chicken breast	\$14.15	Tinga Res Shredded beef & spices	\$14.15
Al Pastor Seasoned pork & pineapple	\$14.15	12 Camarones con Ajo y Mantequilla	\$17.15
		(12) Shrimps with garlic butter	

Sopes

Handmade corn tortilla boat topped with beans, lettuce, Mexican cheese, sour cream, & your choice of one item:

Aguacate 1/2 fresh avocado	\$6.39
Asada Grilled beef file	\$6.39
Pollo Grilled chicken breast	\$6.39
Cecina Grilled seasoned pork filet	\$6.39
Al Pastor Seasoned pork & pineapple	\$6.39
Choriso Ground pork & seasonings	\$6.39
Tinga de Res o de Pollo	\$6.39
Shredded beef or chicken with tomatoes, onions, & chipotle	



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Tortas

A Mexican-style sandwich in a white bun called “telera” with chipotle mayonnaise, black bean paste, tomatoes, onions, jalapeño peppers, avocado, & your choice of one of the items listed below:

Ham & Eggs Jamon y huevo	\$11.99	Pollo en Mole	\$11.99
Bacon & Eggs Tocino y huevo	\$11.99	Shredded chicken in our special Oaxacan mole sauce	
Hot Louisiana Sausage & Eggs Salchicha y huevo	\$11.99	Queso Fresco o al Comal Grilled fresh Mexican cheese	\$11.99
Choriso & Eggs Choriso y huevo	\$11.99	“Pambaso”	\$12.45
“Machaca” Shredded Beef & Eggs	\$11.99	Choriso, potatoes, fresh cheese, sour cream, & lettuce	
Res desebrada y huevo		Hongo Portabella & Cheese	\$12.15
Cactus & Eggs Nopalitos y huevo	\$11.99	Portabella mushroom & Mexican cheese	
Mexican Style Eggs Chile jalapeño, cebolla, y tomate	\$11.99	Chile Relleno (Queso o Pollo)	\$12.39
Asada Grilled beef filet	\$11.99	Chicken or cheese chile relleno sandwich	
Milaneza Breaded beef filet	\$11.99	“La Ahogada”	\$12.60
Tinga De Res	\$11.99	“The Drowned” pork sandwich covered with our spicy red sauce	
Shredded beef filet cooked with tomato, onions, & spices		“La Hawaiana”	\$12.99
Cecina Grilled marinated pork filet	\$11.99	“The Hawaiian” has ham, pineapple, seasoned pork, & cheese	
Adobada Seasoned pork meat	\$11.99	“La Cubana”	\$13.70
Al Pastor Seasoned pork meat & pineapple	\$11.99	“The Cuban” sandwich is an excellent combination of breaded beef, roasted pork, hot sausage, & cheese	
Pierna Oven roasted pork shoulder	\$11.99		
Salchicha Picoso Hot Louisiana link sausage	\$11.99		
Pechuga De Pollo Grilled chicken breast	\$11.99		
Tinga De Pollo	\$11.99		
Shredded chicken cooked with tomato, onions & spices			
Pechuga Empanisada Breaded chicken breast	\$11.99		



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Sincronizadas

Folded flour tortilla filled with meat, Jack & Cheddar cheese, and a side of lettuce, tomatoes, onions, avocado, & sour cream.

Jamon Ham	\$13.84	Al Pastor Seasoned pork & pineapple	\$13.84
Asada Grilled beef filet	\$13.84	Choriso Ground pork & seasonings	\$13.84
Pollo Grilled chicken breast	\$13.84	Tinga de Res o de Pollo	\$13.84
Cecina Grilled seasoned pork filet	\$13.84	Shredded beef or chicken with tomatoes, onions, & chipotle	

Ensaladas

Lettuce, tomatoes, cucumbers, shredded carrots, red cabbage, red onions & choice of:

Pechuga De Pollo Grilled chicken breast	\$13.00	Filete De Pescado Empanisado (Tilapia)	\$15.25
Pechuga Empanisada Fried breaded chicken breast	\$13.00	Fried breaded tilapia filet	
12 Camarones Con Ajo Y Mantequilla	\$16.25	Filete De Pescado (Tilapia) A La Plancha	\$15.25
(12) Shrimp cooked with garlic butter		Grilled tilapia filet	
12 Camarones Empanisados (12) Fried breaded shrimp	\$16.25		

Caldos (Soups)

Caldo Siete Mares A bowl of seafood soup	\$20.55
Caldo de Camarones Shrimp soup bowl	\$17.49
Menudo (Only on weekends/solo los Sabados y Domingos)	\$16.75
Caldo de Pollo Chicken & vegetables soup	\$17.00
Posole	\$18.00
Pork & hominy (corn) soup served with green cabbage, onion, & radishes	



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Food of Oaxaca

Gorditas

A thick homemade tortilla stuffed with pork meat, onions, cilantro, & Mexican cheese

\$5.70

Quesadilla Oaxaqueña

Handmade tortilla turnover stuffed with Mexican cheese & epazote

\$5.70

Huarache

Handmade tortilla turnover stuffed with black bean paste & topped with cactus paddles, cheese, onions, & seasoned pork meat, or chicken, or grilled beef

\$14.15

Tamal Oaxaqueño

Banana leaf wrapped tamal with chicken & mole sauce

\$6.60

Tamal de Rajas

Made with jalapeño strips, tomatoes, onions, & chicken or Mexican fresh cheese

\$5.22

Tlayuda con Carne

A large homemade corn tortilla tostada covered with chicharron drips, bean paste, onions, tomato, avocado, cheese, & your favorite meat

\$18.50

Pollo en Mole

Chicken cooked in Oaxacan mole sauce served with rice, beans, & tortillas.

\$16.99

Puerco en Mole

Pork shoulder cooked in Oaxacan mole sauce served with rice, beans, & tortillas

\$16.99

Enmoladas

Three folded corn tortillas with chicken or cheese and topped with Oaxacan mole sauce

\$16.99

Enchiladas Verdes

Three corn tortillas stuffed with chicken or cheese and covered with our green tomatillo sauce

\$16.99

Enfrijoladas con Carne

Folded corn tortillas covered with black bean sauce, onions, cheese, & your favorite meat

\$16.49

Tacos Dorados

Four crispy rolled tacos (beef or chicken) served with rice, beans, lettuce, cheese, & sour cream

\$16.99

Flautas Oaxaqueñas

Four crispy rolled tacos (beef or chicken) covered with black bean sauce & fresh cheese, served with rice & a side of salad

\$16.99

Chile Relleno Oaxaqueño

Stuffed roasted poblano chile with chicken or Mexican cheese, served with ranchero sauce, rice, beans, & tortillas

\$17.49

Cecina Encebollada

Grilled chile marinated pork filet with onions & jalapeño peppers, served with rice, beans, & tortillas

\$16.99

Carne Asada y Nopalitos

Grilled beef filet with onions, jalapeños, & cactus served with rice, beans, & tortillas

\$16.99

Bistec a la Mexicana

Sautéed beef filet with onions, garlic, tomatoes, & jalapeño pepper served with rice, beans & tortillas

\$16.99

Fajitas de Res o de Pollo

Sautéed chicken or beef with bell pepper, onion, spices served with rice, beans, & tortillas

\$19.15



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Platillos del Mar (Seafood Dishes)

Served with rice, beans, tortillas, or “telera” bread

Camarones al Mojo de Ajo

Shrimp with garlic butter

\$19.55

Camarones Rancheros

Shrimp with bell pepper, olives, & caper sauce

\$20.23

Camarones a la Diabla

Shrimp in extreme hot sauce (very spicy)

\$20.00

Camarones a la Mexicana

Sautéed shrimp with tomatoes, onions, & jalapenos

\$21.25

Camarones Empanisados

Fried breaded shrimp

\$19.55

Fajitas de Camaron

Shrimp with bell peppers, onion, tomatoes, & garlic

\$19.99

Enchiladas Verde de Camaron

3 corn tortillas filled with shrimp & covered with green tomatillo sauce

\$20.25

Enchiladas Rojas (Picosas) de Camaron

3 corn tortillas filled with shrimp & covered with red spicy sauce

\$20.25

Chilaquiles Verdes con Camaron

Corn tortilla triangles cooked in green tomatillo sauce covered with fresh cheese, sour cream, cilantro, onions, & shrimp

\$21.75

Filete y Camarones a la Veracruz

Grilled tilapia filet & shrimp with bell pepper & lemon caper sauce

\$23.00

“Combinación Mar y Tierra”

Shrimp, 2 crispy tacos, grilled beef, & marinated pork

\$24.00

“Fiesta del Mar”

Breaded fish filet, shrimps in garlic butter, & shellfish in spicy sauce

\$22.00

“El Trio”

Grilled marinated pork, grilled beef, & sautéed shrimp in garlic

\$22.35

3 Tacos de Pescado

3 fried fish tacos with “pico de gallo,” lettuce, fresh cheese, & sour cream

\$15.75

“El Molcajete Oaxaqueño”

“The stone grinding bowl” grilled chicken, beef, pork, shrimp, jalapeño peppers, & cactus with chorizo bean salsa

\$30.40

“El Comalito Oaxaqueño”

“The round griddle” has grilled chicken, beef, ham, bacon, bell peppers, onions, & fresh cheese.

\$21.50

Cocktail de Camaron

Shrimp in tomato cocktail sauce (diced cucumber, onions, avocado, & lemon) served with crackers. NOT SERVED WITH RICE OR BEANS.

\$17.25



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